

Dear Mom or Dad,

**Please help me find a quiet place where
I can spend a special time alone with
my friend Jesus.**

**Can you help me remember to do so
each and every day? Would you help
me understand the way God talks to us
in the Bible, in prayer, and by
listening quietly?**

**Would you tell me about your quiet time
with God?**

I love you.

(sign your name)



_____ 's

Prayer Journal



Parts of Prayer

Praise

Praising God means telling God things you like about Him. God loves to hear your praises. It makes Him very happy, and it keeps your focus on Him. He also loves a thankful heart.

Repent

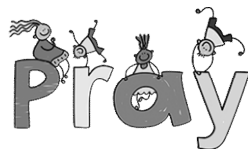
Repenting means being sorry for any bad deeds/sins, even those no one else knows about. It means confessing and asking God to take away that sin. He knows everything about you already and wants to forgive you.

Ask

Asking means telling God about all your wants. It also means sharing with God about your needs and the needs of others.

Yield

Yielding means telling Him you want His will in all of your life. God wants you to trust Him. Leave everything in His hands and believe that He knows what is best for you.



Requests

Date	request	date	answer

